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# Advanced food technological solutions

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## Food processing hand in hand with development of human civilization

Cooking



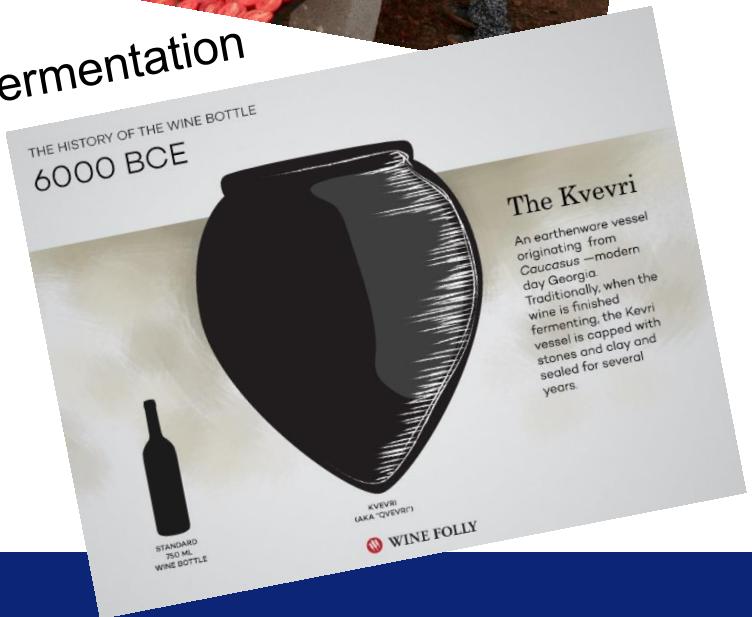
Sun drying



Baking



Fermentation





Source: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC100457/> and First book on modern food preservation / [https://doi.org/10.4236/ojs.2009009001](https://doi.org/10.4236/ojs.2009009009001)



# First “advanced” preservation method (1810s)

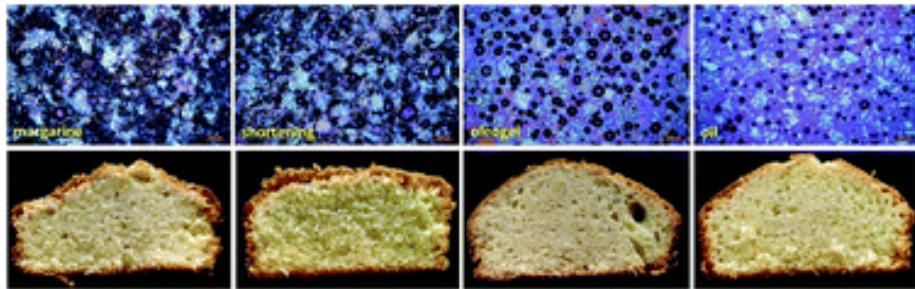


## Food safe, stable, palatable and nutritious over storage





## Next levels



From left to right: Microstructure of batter and corresponding pictures of cake prepared using margarine, shortening , oleogel and oil as fat phase.



Food microstructure

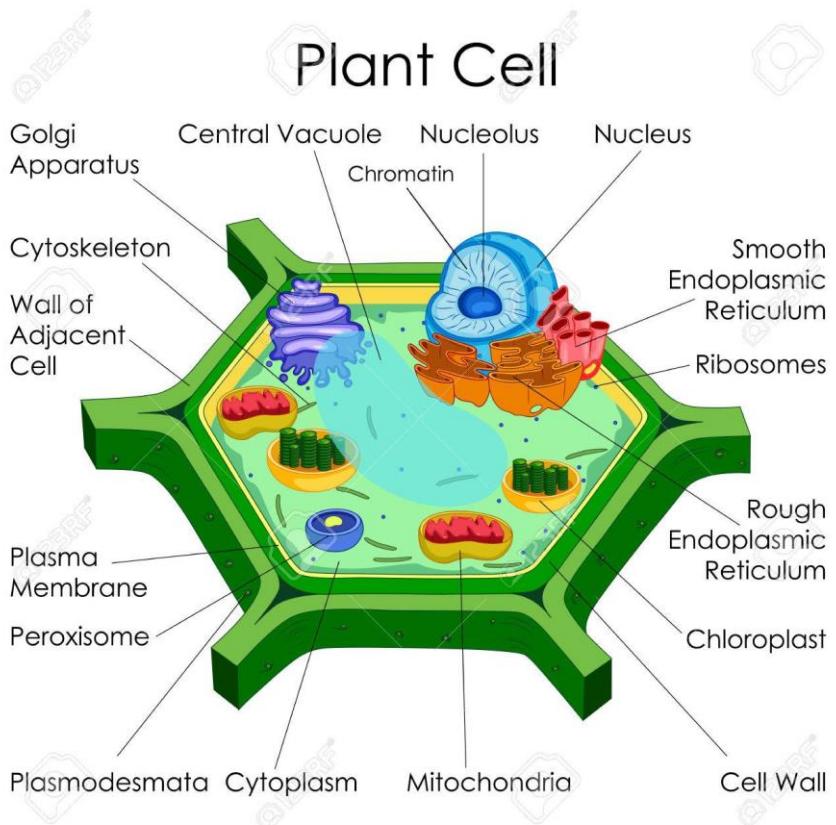


Interdisciplinary research

Extensive knowledge on what is happening to  
the food and in the food during processing



# Processing of fruit and vegetables

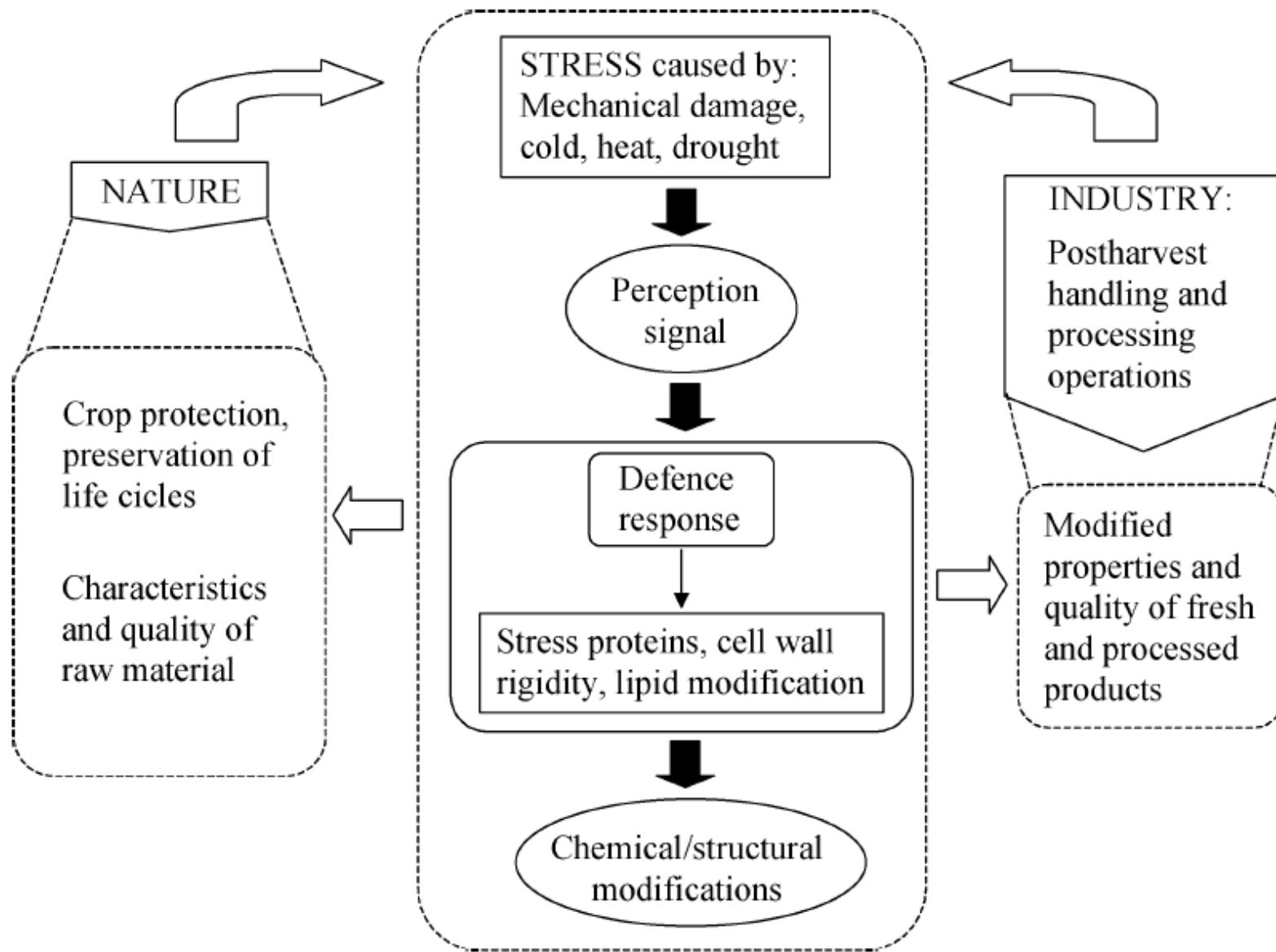


My work:

“physiological/metabolic”  
food engineering



To develop novel  
technological solutions



Gómez Galindo et al., 2007



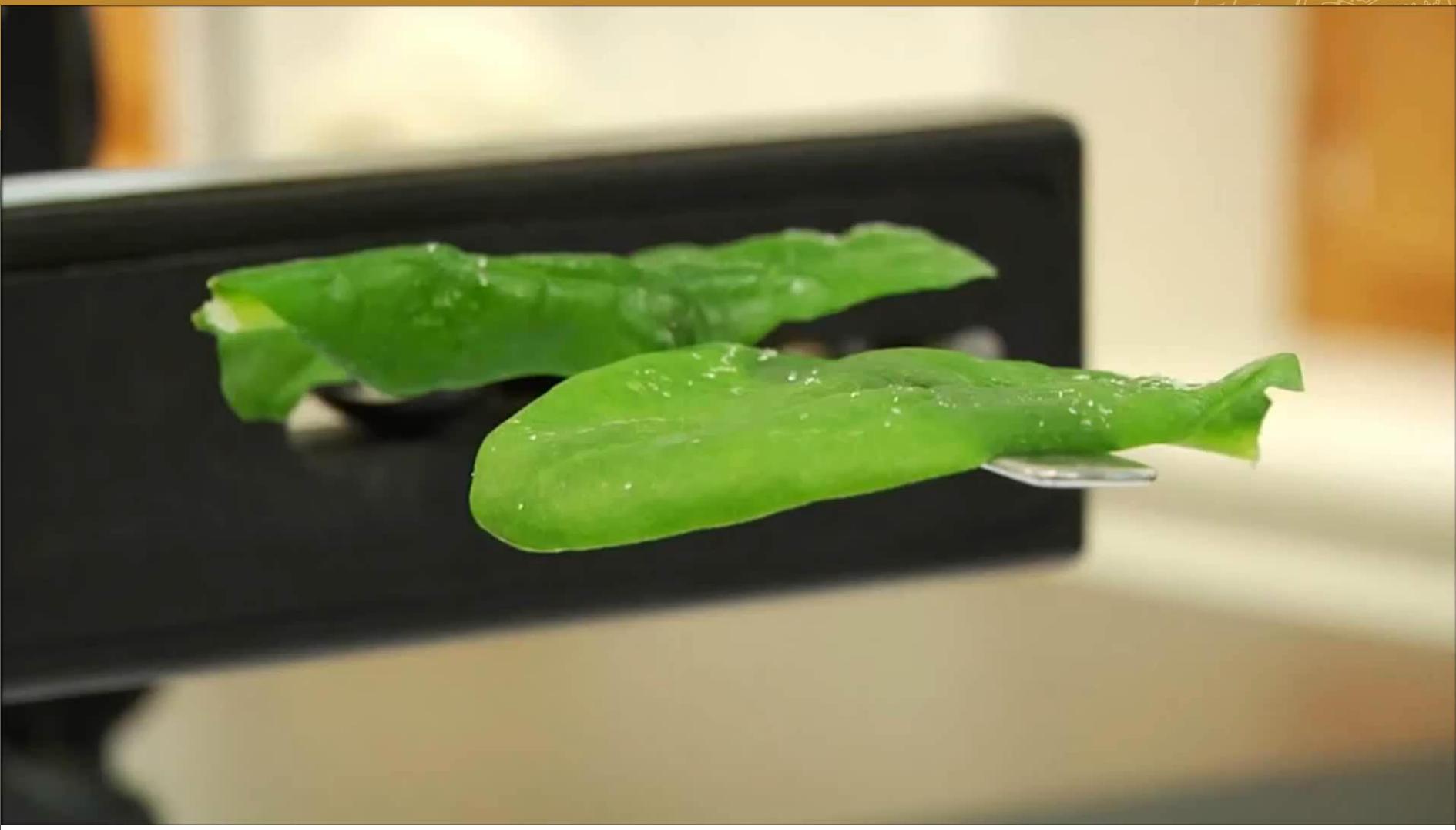
Most of the literature deals with postharvest handling and minimal processing:

- Responses to mechanical stress/injury (wounding stress)
- Low temperature stress/chilling injury
- Heat stress/heat shock



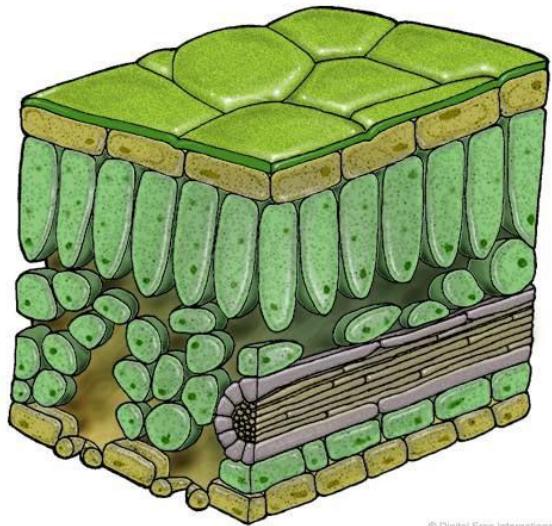
# How about inducing stress to improve the quality of processed vegetables?







## Vacuum impregnation of cryoprotectant



© Digital Frog International

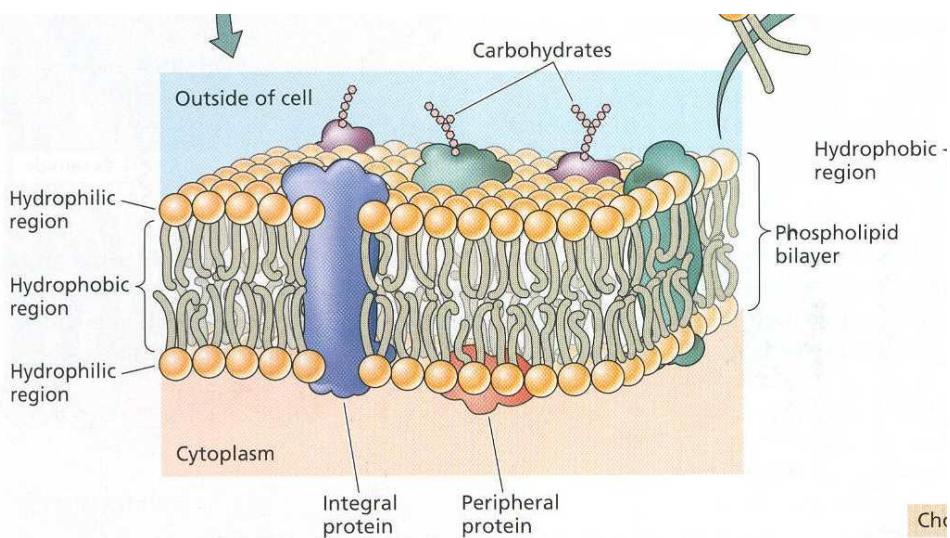


**Impregnated substances will be transported into the cells and influence their metabolism.**



## Pulsed electric fields (PEF)

Apply electricity (voltages from 300 – 2000 V) to a biological system



Plant/animal cells/tissues  
Microorganisms  
Times ranging in  
milliseconds/microseconds or  
even nanoseconds

Ch

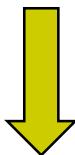


## Low intensity PEF

Irreversible / Reversible



Cells survives  
PEF

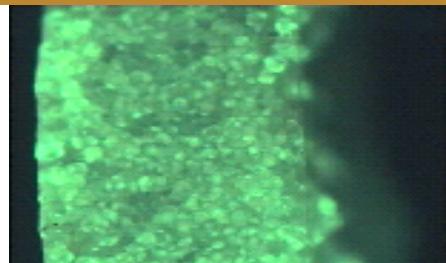


Stress

- Strength of electric field
- Duration of pulse electric field
- Number of pulses

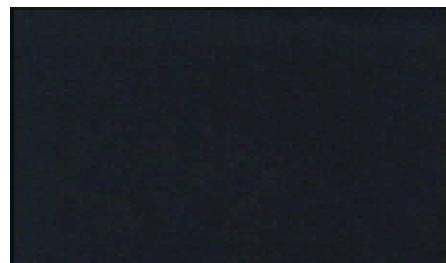


(a)



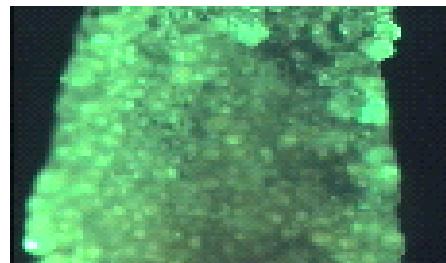
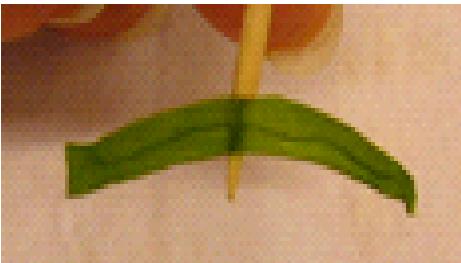
fresh

(b)



control

(c)



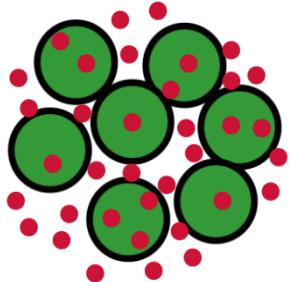
PEF + VI

(d)

Only  
VI



## Role of PEF



- Gets the cryoprotectant in the cells, helping its distribution between the intra and extracellular space
- PEF effect is only due to stress
- PEF effect is both ways: transport and stress



## Exploration of stress responses to PEF Gross metabolic effects



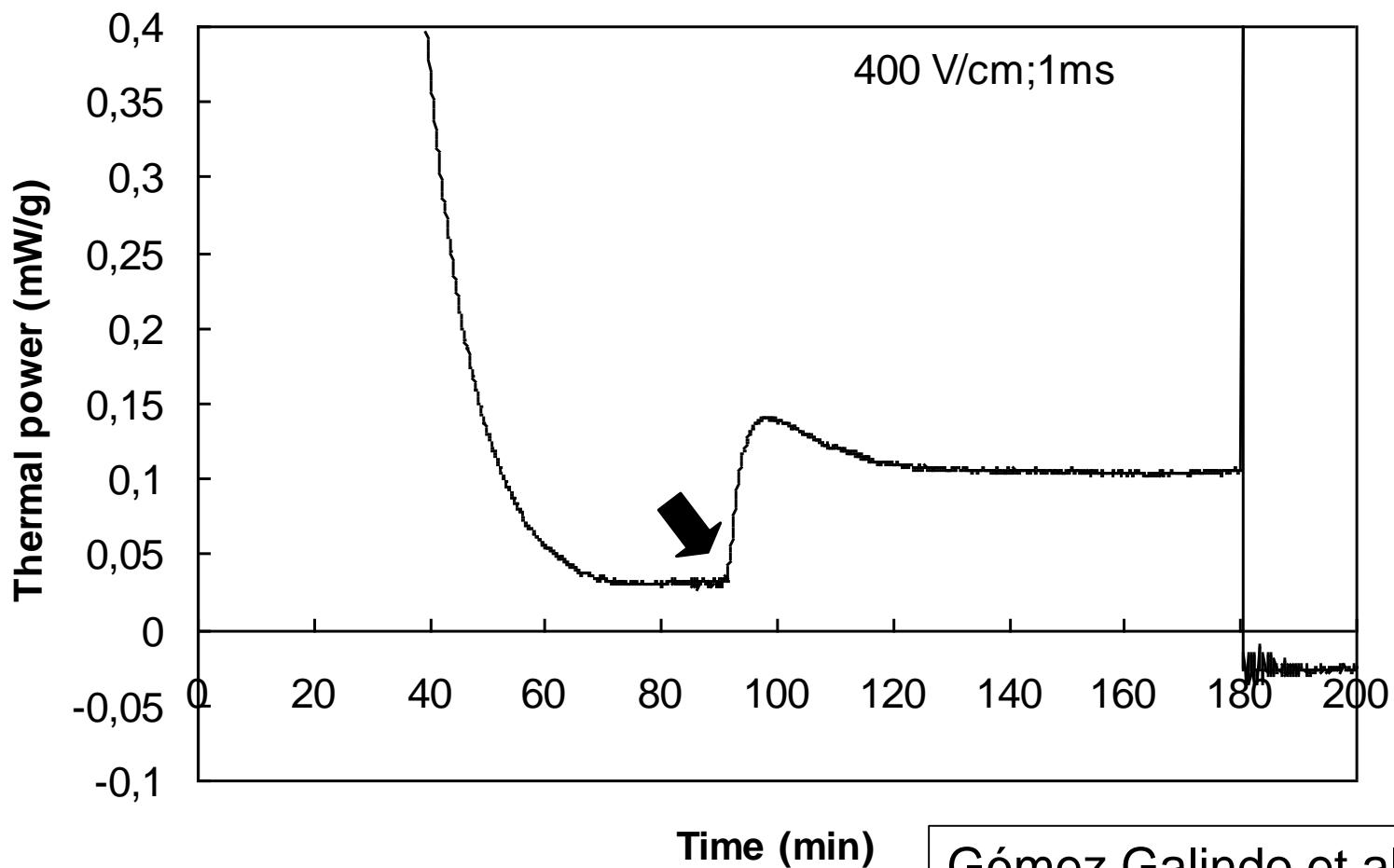
Isothermal calorimetry measures the rate of metabolic heat produced by the sample (thermal power, mW/g) at constant temperature

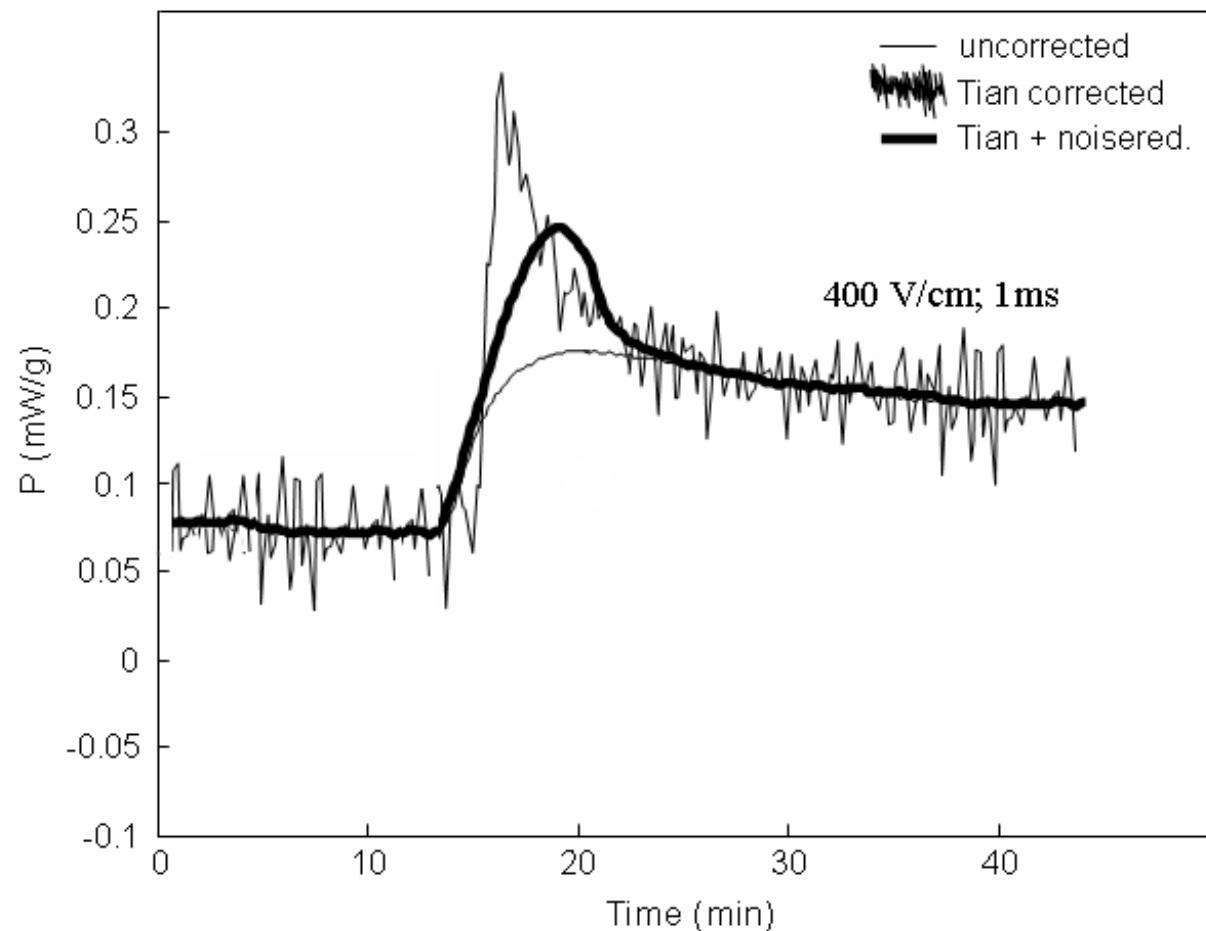
Thermal power is a direct measurement of the total metabolic heat that includes respiration and stress (overall metabolic responses)

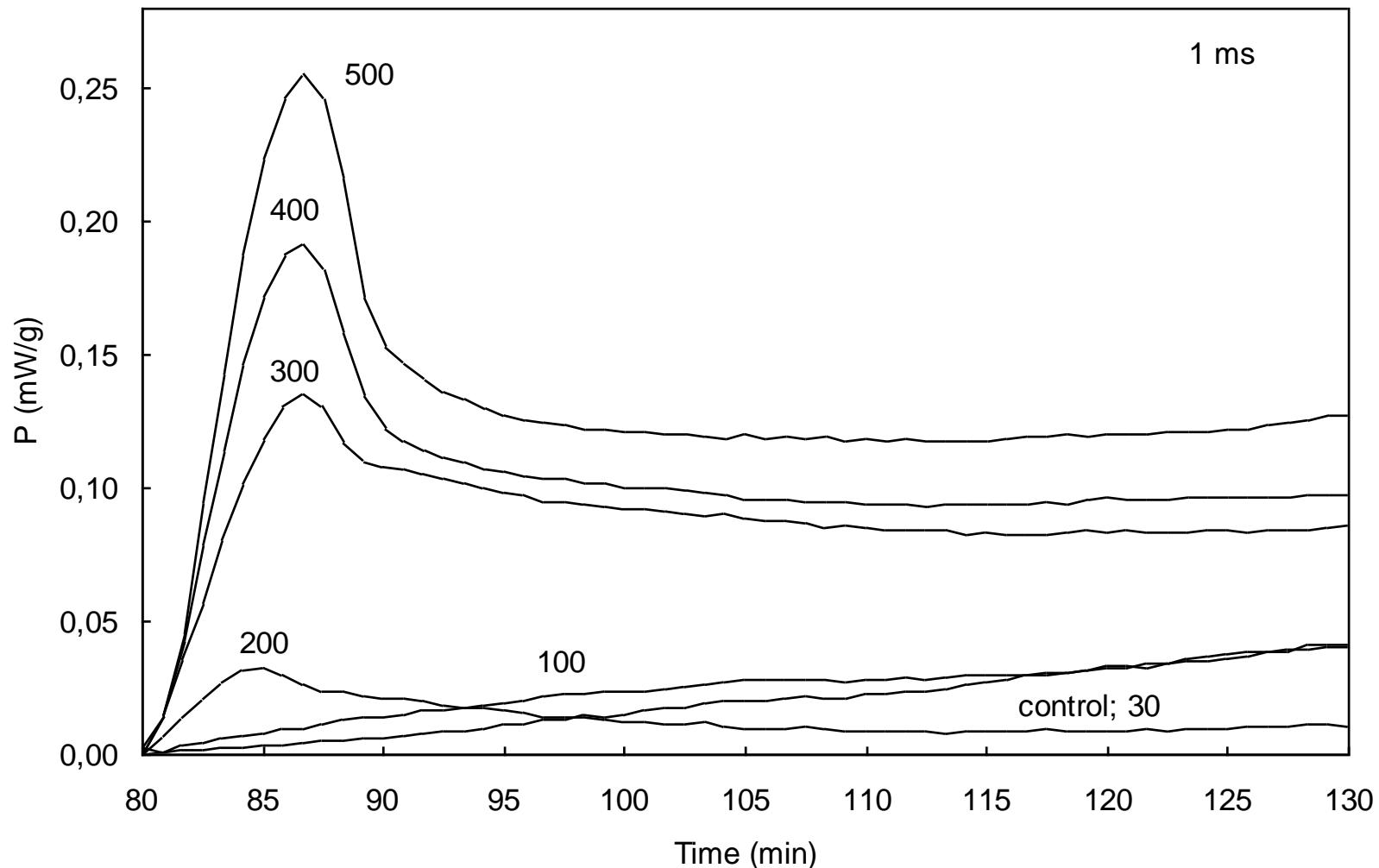
Wadsö and Gómez Galindo, 2009

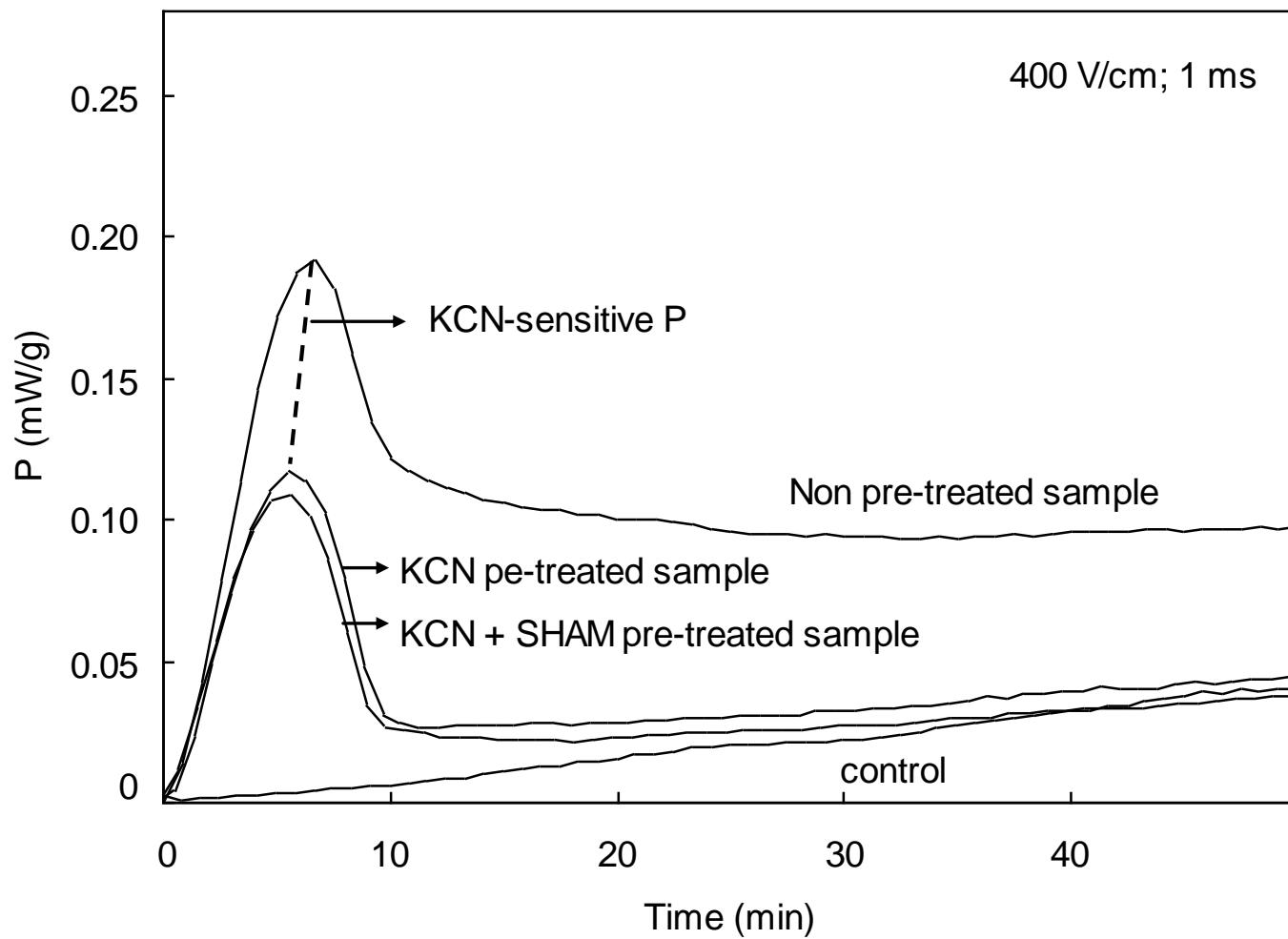


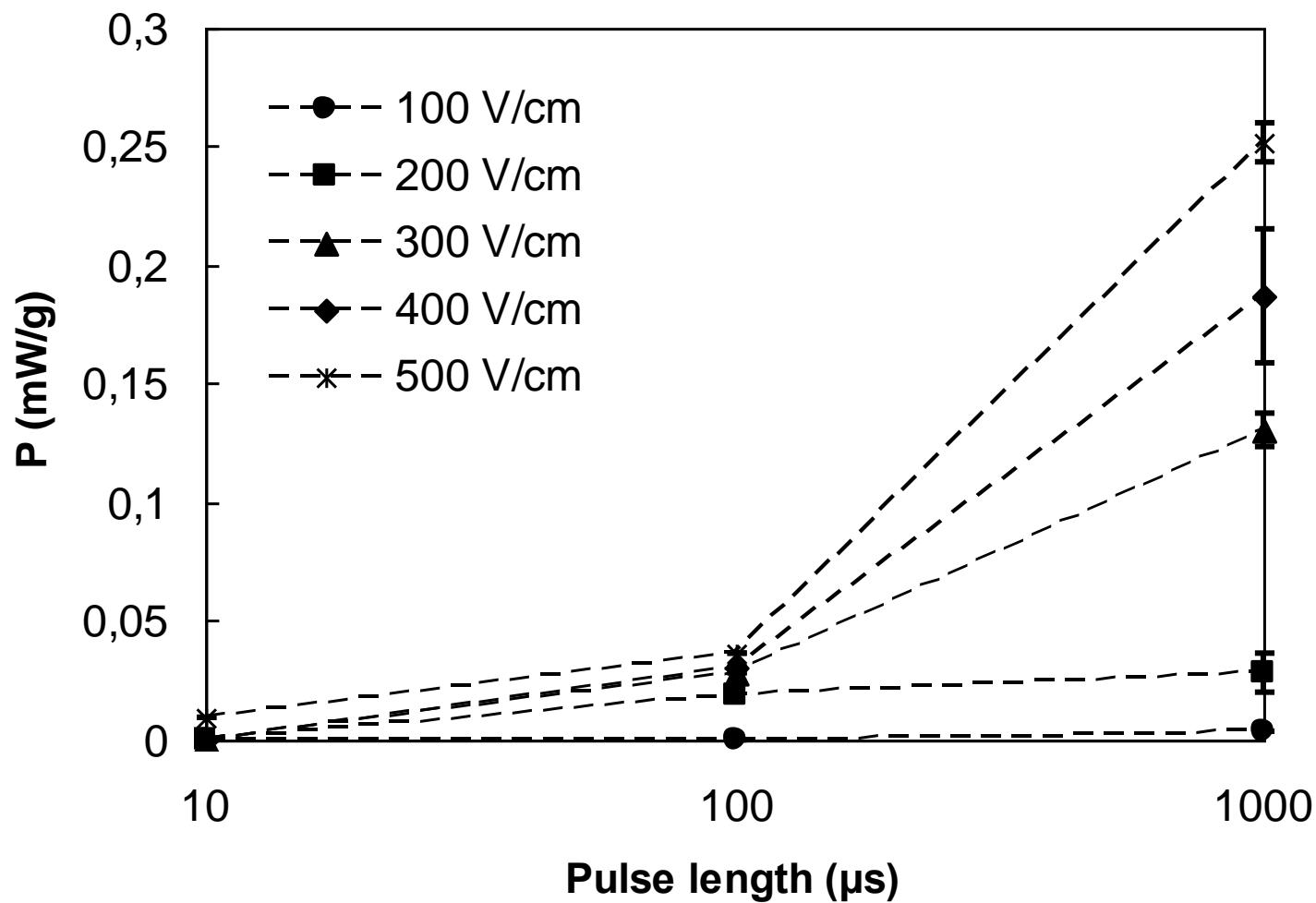
## Investigation on PEF-induced stress













## Field width : 1 ms

Field strength V/cm	$P_{\max}$ (mW/g)	% KCN-sensitive	% KCN-insensitive
		$P_{\max}$	$P_{\max}$
200	$0.032 \pm 0.008$	$51.8 \pm 8.4$	$48.2 \pm 8.4$
300	$0.135 \pm 0.007$	$56.0 \pm 6.6$	$44.0 \pm 6.6$
400	$0.191 \pm 0.028$	$43.4 \pm 3.4$	$61.3 \pm 3.4$
500	$0.256 \pm 0.008$	$32.8 \pm 7.3$	$67.2 \pm 7.3$

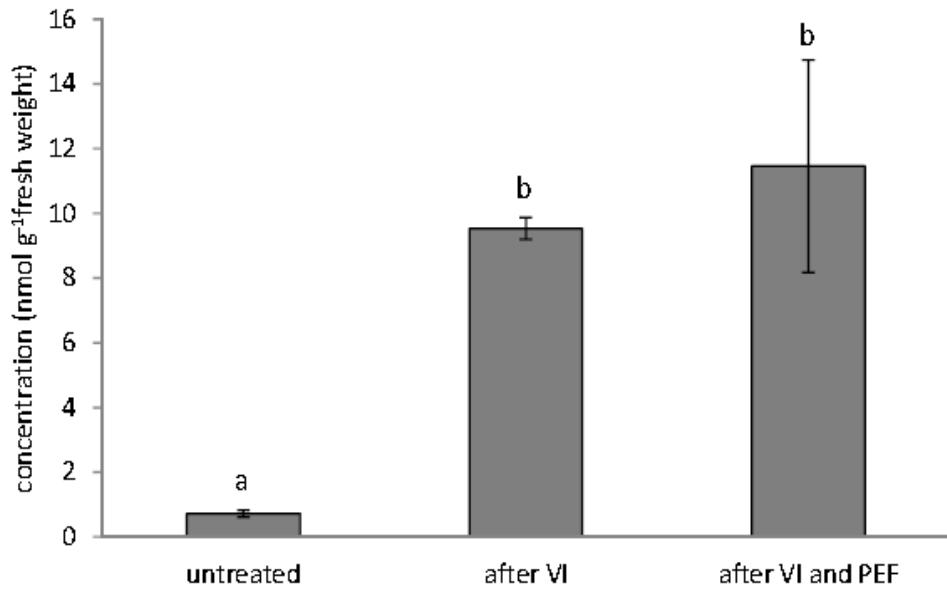
Field width : 100  $\mu$ s

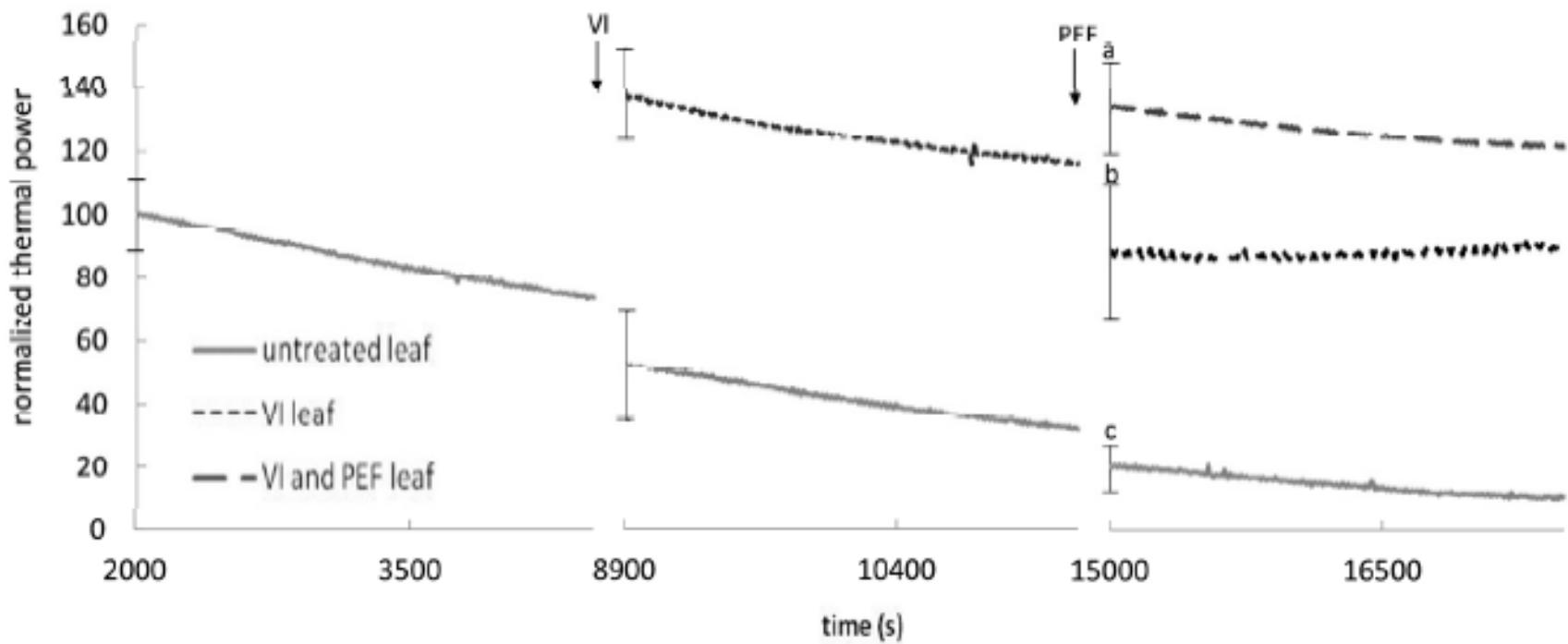
Field strength V/cm	$P_{\max}$ (mW/g)	% KCN-sensitive	% KCN-insensitive
		$P_{\max}$	$P_{\max}$
200	$0.023 \pm 0.008$	$100.0 \pm 0.0$	$0.0 \pm 0.0$
300	$0.032 \pm 0.004$	$76.8 \pm 12.2$	$23.2 \pm 12.2$
400	$0.035 \pm 0.025$	$48.6 \pm 8.2$	$51.4 \pm 8.2$
500	$0.040 \pm 0.008$	$55.0 \pm 8.6$	$45.0 \pm 8.6$



## T6P concentration after trehalose impregnation

Impregnated substances get inside the cells by transporters and/or endocytosis







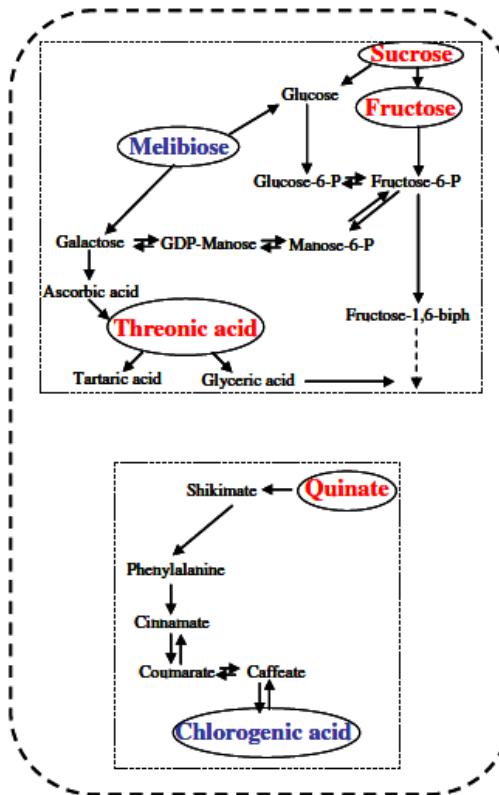
## Greenhouse-grown spinach



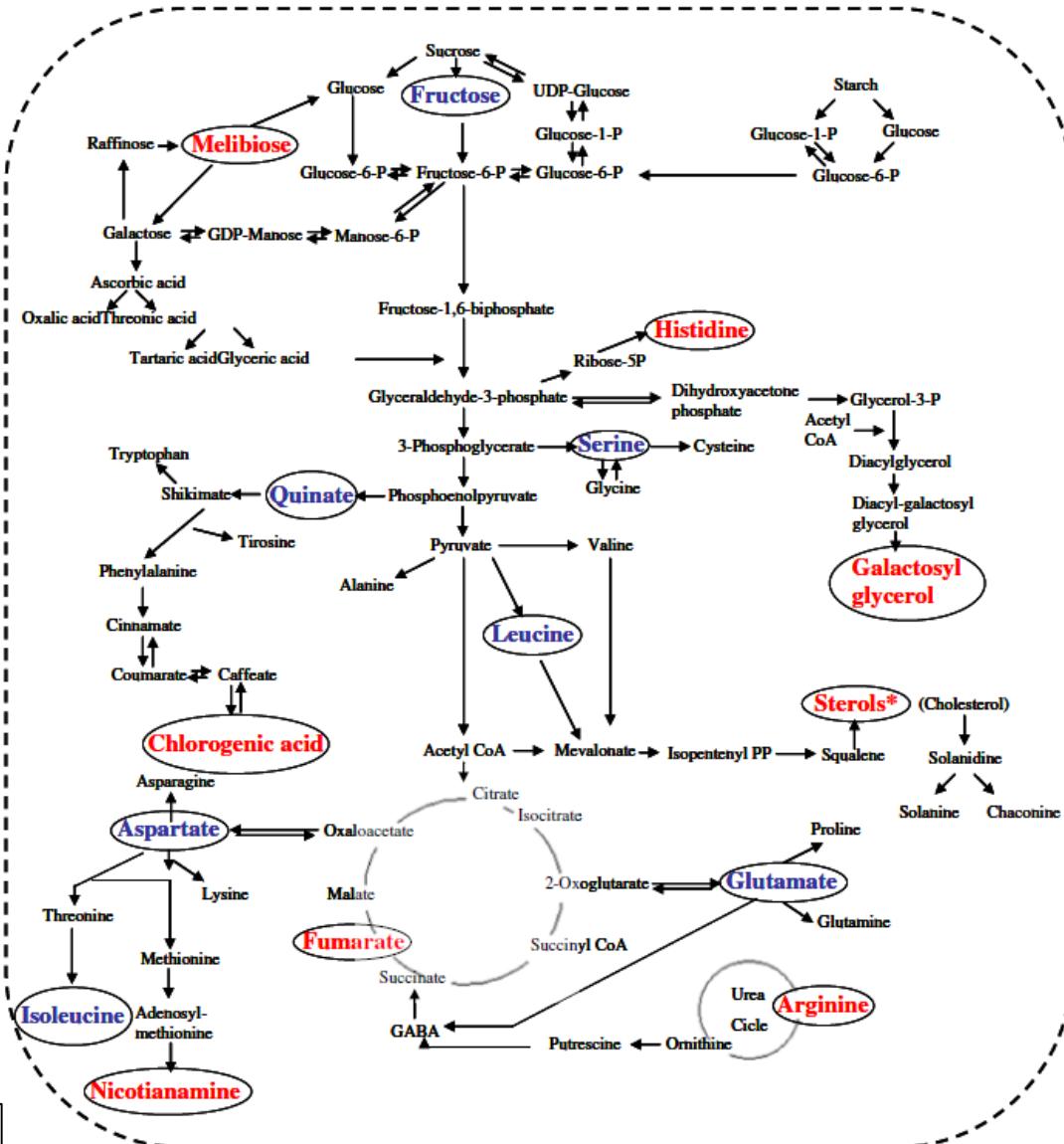
When cultivation temperature changed from 20 °C to 5 °C for 3 days, freezing survival of harvested leaves improved.

Possible cold acclimation process

## PEF-specific effects



## Wounding-specific effects



Actively metabolizing  
carbon energy  
sources



- Consequences of oxidative stress (tissue produces ROS upon PEF)
- More “omics” research
- PEF for dehydration

# Slower physiological deterioration



15 days of storage at 4°C, packed in polypropylene bags



